

## Top tips for good revision

1. Get all your books and notes ready in your room or wherever you are going to study. Put them in piles. Check you have everything. It helps to tidy up the area that you revise in. Ask teachers if you have anything missing in plenty of time.
2. Make a revision timetable (on the computer, if it helps). Make sure that you allow enough time to revise each subject. Do each subject more than once.
3. Make sure you know which exam you have when.
4. Aim to revise in chunks of time (half an hour for older boys, quarter of an hour for younger boys). It depends very much on what best suits you. Ask your parents and teachers to help you decide. Have a break between sessions (and something to eat/ drink regularly)
5. Try different ways of revising. Here are some ideas:-
  - Look through your exercise books and make notes on each topic to revise from (try to fit this on one piece of paper per topic).
  - Make a mind map with them.
  - Record yourself saying facts on to an MP3 or iPod.
  - Get someone to test you.
  - Test yourself on a piece of paper and then mark it.
  - Do some practice papers and ask your teachers to mark them or check them against your notes.
  - Put signs up around your bedroom.
  - Colour code your work.
  - Highlight key facts.
  - Use drawings and cartoons to help you remember.
  - Make up rhymes and songs to learn facts.
6. Don't panic! The exams are to help you to see what you are good at and where you can improve. They are not to catch you out but to give you a chance to show what you know.
7. Make sure you have everything in your pencil case. Are pencils sharpened? Do you have a calculator that works? Make sure that everything is named.
8. Athletes train for competitions – you must train too! Eat lots of healthy food (milk, fish and vegetables are very good for your brain). Make sure you get fresh air and play outside for a while every day. Get plenty of sleep.
9. If you are at all worried, you must speak to a teacher or your Mum or Dad.