

# Week Beginning

## Monday 18<sup>th</sup> September



# Solefield School

	Monday	Tuesday	Wednesday	Thursday	Friday
		<b>Boys' Choice Tuesday –2G</b>			
<b>Main Meal</b>	Chicken Curry with Rice	Build a Beef Burger	Turkey Bolognese Pasta	Roast Pork with Apple Sauce	Breaded Fish Fingers
<b>Meat Free</b>	Vegetable Chow Mein	Build a Vegetable Burger	Lentil Dhal with Rice	Roast Vegetable Slice	Glamorgan Sausages
<b>On The Side</b>	Cauliflower Green Beans Naan Bread	Coleslaw Mixed Vegetables Chipped Potatoes	Sweetcorn Broccoli Garlic Bread	Carrots Cabbage Roast Potatoes	Baked Beans Peas Chipped Potatoes
<b>Dessert</b>	Flapjack	Chocolate Brownie	Carrot Cake	Fresh Fruit Salad	Banana Muffin
<b>Every Day</b>	Fresh Bread Freshly Cut Fruit Salad Bar	Fresh Bread Freshly Cut Fruit Salad Bar	Fresh Bread Freshly Cut Fruit Salad Bar	Fresh Bread Freshly Cut Fruit Salad Bar	Fresh Bread Freshly Cut Fruit Salad Bar